

Domestic Violence is:

When grownups in your family hit, kick, push or throw things at someone else in your family.



- It might make you feel scared, confused or mad.
- It can make you feel like crying or yelling.
- It might make you feel embarrassed or guilty, but it is not your fault.



When the Fighting Starts... Stay away from the fight!

- Stay out of the room where the fighting is.
- Stay out of small rooms where you might get trapped, like a closet or a bathroom.
- Stay out of the kitchen and garage, where it is easy to get hurt during a fight.

GET HELP!

Go to a safe place, like a neighbor or friend's house.

If you need help **RIGHT NOW**, try to call 911 from a room away from the fighting.

THINGS TO THINK ABOUT

- Which doors, windows or stairs are the safest way to get out of your house during a fight?
- Which grownup could you talk to about getting help?

Remember:

It is not your fault!

It is okay to love both of your parents, even if one parent is hurting the other.

But it is not okay for that parent to hurt you, your other parent, or anyone else.



PEOPLE WHO CAN HELP

Friends ● Neighbors

Teachers ● Doctors

Nurses ● Police Officers

Lawyers ● Judges



Call 911 if you need help
RIGHT NOW



Call 1800.799.SAFE (7233) or
1.800.787.3224 (TTY)

If you need someone to talk to!

West Tennessee Legal Services

Contact Information

731.423.0616/1.800.372.8346

Fax: 731.423.2600

www.wtls.org/wtls@wtls.org

LOCAL OFFICES:

Jackson

210 West Main Street/Jackson, TN

Dyersburg

208 South Church Street/Dyersburg, TN

Huntingdon

113 West Paris Street/Huntingdon, TN

Selmer

141 North Third Street/Selmer, TN

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Safety



For Kids